



Saw Palmetto

Saw Palmetto is a vegetarian dietary supplement to support proper prostate function.*

About Saw Palmetto

- Saw palmetto (also referred to as sabal or serenoa repens) is an evergreen palm that grows in the southeastern U.S.
- The berries of the plant are used medicinally.
- It has been used for centuries as a medicinal agent in urinary complications.
- Native American women historically used the Saw Palmetto for premenstrual needs and to support lactation.
- Today, it is commonly used in men suffering from benign prostatic hyperplasia (BPH) and Male-pattern hair loss.*
- Saw Palmetto works well with zinc and essential fatty acids.

Supplements Facts

Serving Size: 1 Capsule

Amount Per Serving

Saw Palmetto (*Serenoa repens*)

Extract (berry)	320 mg
Yielding: Free fatty acids	80 mg

Other ingredients: rice flour, vegetable cellulose, vegetarian leucine, silica.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.