

# AlloAlts

## MSM 1,000 mg

A dietary supplement available in a 500 mg capsule and a 1000 mg tablet to support proper joint and skin health.\*

**Methylsulfonylmethane** helps support joint comfort and supplies an excellent source of sulfur to help ensure the body's ability to synthesize collagen for connective tissue health, and maintain cell membrane flexibility.\*

**Sulfur levels** can be reduced through normal aging processes and sulfur deficiencies have been associated with psychological and physical stress, fatigue and susceptibility to disease.\*

### Sulfur is:

- An essential mineral found in the body or in the production of various sulfur containing compounds in the body such as insulin, keratin, collagen, chondroitin sulfate and glutathione (a potent antioxidant).\*
- Found in every cell in the body and used as a building block to create new cells in the body.\*
- Holds together the protein strands of connective tissue, hair and nails.\*

### MSM supports:

- Joint comfort\*
- Proper connective tissue function, collagen formation, and skin health\*
- Circulation, by supporting the integrity of connective tissue structures in blood vessels\*
- Gastrointestinal function by supporting the integrity of the digestive tract lining and balancing pH levels\*
- The structure and function of many significant compounds including hormones, immunoglobulins, and important sulfur containing amino acids\*
- Cell membrane flexibility and permeability, which allows for the exchange of nutrients into and toxins out of the cell\*

### Supplement Facts

**Serving Size: 1 Tablet**

#### Amount Per Serving

Methylsulfonylmethane 1,000 mg

Other ingredients: microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable stearate, silicon dioxide, pharmaceutical glaze.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking these or any nutritional products.

**Suggested Use:** As a dietary supplement, take 1 tablet 3 times daily with meals, or as directed by your healthcare practitioner.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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